

Life Transformation Groups

Are there a few “true brothers / others” in your life; ones who are glad when good is revealed in you; ones who grieve when evil is revealed in you; ones who “love you still?” GC3 Life Transformation Groups are designed to provide a place for these kinds of relationships to start and grow. No one is meant to walk alone. It’s only with a few others that a person can move out of dutiful living into destiny. If these words stir you at all, get involved by committing to the following:

(1) I commit to MEET weekly with a few others—People in general and Americans in particular tend to live alone. We are afraid to let others know what we do, what we think, what we dream about. God, in the very beginning, made it clear that it is not good for man to be alone. God created us to live life alongside at least a few others. We need someone to grieve over our failures. We need someone to celebrate our victories. And when this does not happen we tend to minimize both. Some would live alone by themselves as much as possible and others would live alone with as many as possible. It’s the one who lives alongside a few for whom real life transformation takes place.

(2) I commit to CONFESS my life regularly with a few others—Each of us need to practice a lifestyle of confession. It does not come naturally. It requires work. We each are all too aware of how easy it is to become distracted. Without meaning to, we end up living isolated and “less than” lives wondering what happened. What happened is that we failed to practice a confessed life before Jesus Christ and a few others. What do we mean by a confessed life?

CONFESSION: “Saying out loud what is.” There are four areas where we each need to “say out loud what is.”

The first is SIN. We need to say out loud what we’ve done wrong, how we’ve missed the mark, how we have disobeyed God.

If we say we have no sin, we deceive ourselves, and the truth is not in us. 9 If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. 10 If we say we have not sinned, we make him a liar, and his Word is not in us. 1 John 1:8-10

The second is SIGNIFICANCE. We need to say out loud how we have been uniquely created by God and for what we each have been made by God to do.

And we know that for those who love God all things work together for good, for those who are called according to his purpose. 29 For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn among many brothers. 30 And those whom he predestined he also called, and those whom he called he also justified, and those whom he justified he also glorified. Romans 8:28-30

The third is SCRIPTURE. We each need to say out loud the words of Scripture.

As we memorize and declare these nuggets of truth our minds are renewed. We begin to shine as children of God and many will take note and begin to follow God as a result.

Let the Word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. Colossians 3:16

And the fourth is STORY. We each need to say out loud what God has done so far in our lives. Now is not the time to remain silent. When we can confidently and concisely recount what God has done in us, through us, and around us, we become the over comers God intends for us to be.

Revelation 12:11 And they have conquered him by the blood of the Lamb and by the word of their testimony, for they loved not their lives even unto death.

Therefore, confess (say out loud what is) your sins (significance, scripture, and story) to one another and pray (talk to God on behalf of a few others) for one another, that you (and your “few”) may be healed (set free to live life as it is meant to be). The prayer of a righteous person (you and your “few”) has great power as it is working (we are in process, on a journey).” (James 5:16)

(3) I commit to LEARN how to coach “my few” into transformed lives—— Each participant will seek to grow in their ability to help one another become more like Jesus emotionally, physically, and spiritually through coaching. This seems simple enough until we realize that much of our “help” is delivered in the form of “telling” others what they need to do. A coach refuses to tell what the person can discover for themselves in the belief that a discovered answer is a life transforming answer, while a told answer is a soon forgotten answer.

1 Thessalonians 5:11 (NASB95)

11 Therefore encourage one another and build up one another, just as you also are doing.

Hebrews 3:13 (NASB95)

13 But encourage one another day after day, as long as it is still called “Today,” so that none of you will be hardened by the deceitfulness of sin.

Hebrews 10:25 (NASB95)

25 not forsaking our own assembling together, as is the habit of some, but encouraging one another; and all the more as you see the day drawing near.

(4) I commit to regularly GIVE away whatever God gives me through our time together—If God does nothing of value in you over the course of our time together then you are off the hook. However, if God does give you something of value (perspective, spiritual gifts, courage, joy, healing, breakthroughs, etc.) then you are committed to give it away to someone else as soon as possible. Tell someone not a part of “your few” how good God is to have done whatever has taken place in, through, or around you. And ultimately a good way to give away what you have received is to invite a few others into a Life Transformation Group.

...because, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For with the heart one believes and is justified, and with the mouth one confesses and is saved. (Romans 10:9-10)